

# Vegetable Optimum Conditions

## Ballarat Region Best Organic Home-Grown Vegetable Competition

Judges may refer to this document when completing competitor score sheet

Vegetable	Optimum Condition
Artichoke, Globe	Tight, solid buds with good green color.
Artichoke, Jerusalem	Uniform, smooth-skinned tubers.
Asparagus	Compact spears 3/8" in diameter or larger and 6" long. Uniform colour.
Beans, dry	Clean, uniform seed of the same variety.
Beans, lima	Uniform, well-filled pods. Fresh, bright green.
Beans, snap	Straight, fleshy tender, well-filled pods with seeds about half mature.
Beets	Smooth, round, uniform, medium to small sized roots. 2-2 1/2" optimum. Longer beets should be the same diameter.
Broccoli	Dark green, crisp heads with tight buds.
Brussels Sprouts	Clean, medium sized, firm compact sprouts. Uniform size and green color.
Cabbage	Solid heads, heavy for size. Small midveins
Cabbage, Chinese	Heading, or Pe-tsai varieties should be judged like head lettuce. Non-heading, or Pakchoi types can be treated like chard
Carrots	Uniform roots, true to size and shape for variety. Deep orange color and smooth skin
Cauliflower	Firm, white, smooth head at least 4" in diameter with 4-6 leaves to protect curd.
Celery	Large, firm stalks with uniform petioles. Butt white and trimmed close.
Chard	Clean, fresh, dark green leaves with bright, tender petioles.
Dill	Light green with mature seed.
Garlic	Uniform, well-shaped, full-sized bulbs. Necks dry.
Horseradish	Well shaped, white large main root. (4-8" preferred.)
Kale and Collards	Tender, green, full-sized leaves or tender tips.
Kohlrabi	Uniform color and size. 2- 2 1/2" specimens preferred. Leaf petioles attached.
Leeks	Long, white shanks. Dark green leaf tissue. (3/4" diameter or more preferred.)

<b>Vegetable</b>	<b>Optimum Condition</b>
Lettuce (head)	Medium-sized, firm, crisp heads. Heavy for size. Wrapper leaves intact.
Lettuce (leaf)	Crisp, tender compact plants.
Mustard greens	Tender, green, full-sized leaves.
Onion (dry)	Uniform, solid, well-curved single bulbs with small, tight necks
Onion (green)	Dark green leaves. Long, straight, white shanks.
Parsley	Clean, fresh, crisp and dark green.
Parsnips	Clean, smooth, firm, well-shaped roots. Light, even-colored skin.
Peas	Plump, firm pods, well-filled, retaining bright green color. Seed sweet and tender.
Peas (edible pods)	Tender, flat pods with seed just beginning to form.
Potatoes	Uniform, clean, smooth skin, and true to type with shallow eyes.
Pumpkin	True to type in size, shape, and color. Thick flesh (heavy for size). Clean, hard rind.
Radish	Medium-sized, firm, crisp, uniform roots; true to type in size.
Radish (winter)	Spongy or pithy roots, insect damage, sunburned crowns.
Rutabaga	True to variety in shape and color. Smooth skin and firm flesh. (3-5" diameter preferred.)
Spinach	Plants with fresh, dark green leaves. Leaves attached to crown.
Spinach New Zealand	Fresh, green leaves and tips.
Squash (winter)	Medium to large fruits true to variety in size, color, and shape. Rind hard and glossy. Color fully developed.
Turnips	True to variety in size, and shape, and color. 2-3" size preferred. Smooth skin and firm flesh.

Sourced from Washington State University “Selecting, preparing, and judging quality vegetables” <http://whatcom.wsu.edu/ag/EB1103.htm>